

5.0AT

5.0AT-21



UNLOCK UNLIMITED WORKOUT VARIETY

A game-changer in connected home fitness, the 5.0AT treadmill combines both affordability and durability with access to an unlimited variety of workout experiences with Bluetooth FTMS. The simple console layout and get-on-and-go controls appeal to all fitness levels, while app connectivity to the free atZone app and other fitness apps, let you personalize your workouts to your goals.



NEW EASYDIAL THUMB CONTROLS

EasyDial Thumb Controls, located right on the hand grips, are a simple and intuitive way to change your speed and incline without breaking your stride. Simply roll the dial forward to add more challenge or roll it back to decrease the intensity. Perfect for interval workouts or following along with an atZone class.



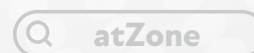
FEATHERLIGHT FOLDING

Get the sturdiness of a traditional treadmill with the convenience of a folding frame thanks to our effortless hydraulic folding system that facilitates easy storage between workouts.



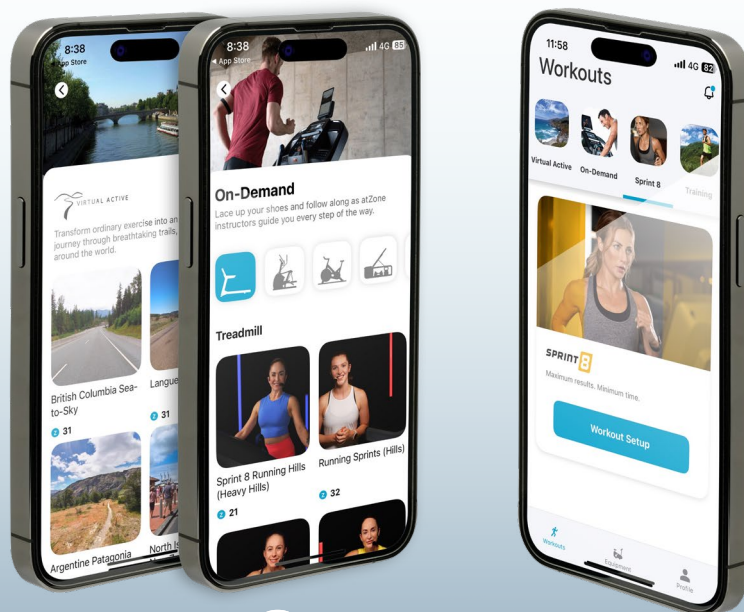
FULL BODY EXERCISE INSPIRATION @ YOUR FINGERTIPS

Make every workout a new adventure with the free atZone app, available exclusively from Horizon.



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@ZONE



EMBRACE YOUR WANDERLUST

Explore our Virtual Active program, where professional HD footage transports your workout to exotic locales all over the world. The footage adjusts to your pace and terrain, immersing you in the experience.



EXPERIENCE THE STUDIO AT HOME

With a range of on-demand fitness classes at your fingertips, you'll always be able to access an inspiring studio experience right for your goals and schedule.



MAXIMUM RESULTS MINIMUM TIME

Sprint 8 uses high-intensity interval training to stimulate a natural growth hormone, burning fat and building muscle. Best of all, anyone can fit the short, 20-minute workouts into their schedule.



TRACK, SYNC & CONNECT

If you use apps like Apple Health or Google Health for exercise, atZone syncs your workout data across platforms and devices, so you can see everything in one place.

FEATURES

Model Number	5.0AT-21
Running Area	140 x 50 cm / 55" x 20"
Cushioning	Variable Response Cushioning
Incline Range	0 - 10%
Speed Range	0.8 - 16km/h / 0.5 - 10mph
Extras	Fan, USB Charging (1A/5V), Speed & Incline QuickDial Controls, Energy Saver Mode, Bottle Holder, Audio In /Out Jack, Tablet Holder, FTMS Data

DRIVE SYSTEM

Motor	2.5 HP
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CONSOLE

Display	4 Blue LED Windows
Workout Feedback	Time, Distance, Incline, Speed, Calories, Heart Rate
Programs	Manual, Fat Burn, Time, Distance, Calories, Hill Climb
Entertainment	Bluetooth Speakers Compatible with Other Popular Fitness APPs
Workout Tracking	Bluetooth 4.0 FTMS
Heart Rate	Contact Grips and Bluetooth HR

TECH SPECS

Assembled Dimensions (L x W x H)	179 x 85 x 150 cm / 71" x 33.5" x 59"
Folded Dimensions (L x W x H)	116 x 85 x 154 cm / 46" x 33.5" x 61"
Product Weight	81.5 kg / 180 lbs.
Max User Weight	124 kg / 275 lbs.